

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Desserts, Pastries & Breads 1

<i>Croissant Prices</i>	<i>(Med.)</i>	<i>(Lrg.)</i>
<i>Almond Plain Butter</i>	<i>\$3.40</i>	<i>\$6.00</i>
<i>Apple Flavored</i>	<i>\$3.52</i>	<i>\$6.20</i>
<i>Ham & Cheese Filled</i>	<i>\$5.20</i>	<i>\$7.80</i>
<i>Spinach & Feta</i>	<i>\$5.20</i>	<i>\$7.80</i>
<i>Chocolate</i>	<i>\$3.40</i>	<i>\$6.20</i>
<i>Turkey & Jack</i>	<i>\$5.20</i>	<i>\$7.80</i>

Danishes Prices

<i>Raspberry Blueberry</i>	<i>\$3.36 (Mini)</i>
<i>Apple Bear Claws</i>	<i>\$5.20 (Med)</i>
<i>Apricot Cherry</i>	<i>\$6.20 (Lrg)</i>
<i>Cherry Danish</i>	<i>\$6.20 (Lrg)</i>

Homemade Biscotti 1 Loaf, 14 Slices

<i>Coffee Chocolate w\Chocolate Plain:</i>	<i>\$56.00</i>
<i>Coffee Chocolate Flavored:</i>	<i>\$52.00</i>
<i>Almond Orange:</i>	<i>\$52.00</i>

Homemade Breads Prices: \$6.20 Slice, \$22.00 ½ Loaf, \$40.00 Loaf

<i>Lemon Bread Pumpkin Streusel (seasonal)</i>
<i>German Chocolate Walnut Streusel</i>
<i>Banana Nut Full Loaf</i>
<i>Berry Berry</i>
<i>Best Damn Lemon</i>
<i>Pumpkin</i>
<i>Zucchini Carrot</i>
<i>Lemon Raspberry</i>

Homemade Pies: 9" Round

<i>Berry Berry</i>	<i>\$33.00</i>
<i>Cherry</i>	<i>\$31.00</i>
<i>French Apple</i>	<i>\$31.00</i>
<i>French Blueberry</i>	<i>\$31.00</i>
<i>Pecan</i>	<i>\$35.00</i>
<i>Pumpkin</i>	<i>\$26.00</i>

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Desserts, Pastries & Breads 2

Homemade Cakes Prices: Please Allow 3 Days Notice

1/4 Sheet: \$64.00, 1/2 Sheet: \$192.00, Full Sheet: \$320.00

10" Round Cake: \$112.00

Carrot Cake

Chocolate Mint

Death By Chocolate

German Chocolate

Lemon Raspberry

Pretzels Prices:

Pretzel Sticks Plain \$2.40

Bavarian Soft Pretzels With Salt \$3.50

Pretzel Sticks Plain\With Seeds \$2.70

Bavarian Soft Pretzels With Mixed Seeds \$3.90

Cheesecakes Prices: Please Allow 3 Days Notice

10" Round-\$112.00

Chocolate Brownie

White Chocolate Raspberry

Strawberry

Black Forest

Kahlua

Key Lime

Blueberry

Cherry

Santa Barbara Sailing Center Double Dolphin Catering Menus

Hors D'oeuvre 1

Fresh Assorted Crudités Platter- w/Homemade Dips, Broccoli, Jicama, Julienne Carrots, Bell Peppers, Cucumber & Cherry Tomatoes

\$100 Small Platter \$158.00 Medium Platter, Or \$180.00 Large Platter

Fresh Assorted Fruit Platter- Grapes, Melons, Berries & Other Fresh Seasonal Fruits.

\$100 Small Platter \$158.00 Medium Platter, Or \$180.00 Large Platter

Cheese & Cracker Platter- Includes A Variety Of White & Cheddar, Brie & Bleu Cheeses. Served With Assorted Gourmet Crackers.

\$100 Small Platter \$158.00 Medium Platter, Or \$180.00 Large Platter

Gourmet Hand Rolled Pinwheels- Select: Roasted Turkey & Avocado Roasted Peppers & Capers Grilled Cajun Chicken or Black Forest Ham & Cheddar. All Of The Freshest Ingredients Are Wrapped In A Giant Spinach or Sundried Tomato Tortilla With Light Jack's Bagel Cream Cheese & Vegetables, Then Sliced For A Festive & Tasty Display.

\$37.90 Per Dozen Slices

Gourmet Mini Croissant Finger Sandwiches- Smoked Turkey With Bacon, Cheddar Cheese & Tomato Thinly Sliced Tri-Tip With Garlic Mayonnaise & New York Cheddar Herb Lemon Chicken & Avocado With Pesto Mayonnaise Tri-Tip, Salsa & Jack Cheese Egg Salad Curry Chicken Albacore Tuna

\$7.50 Each

Colorful Platter Of Homemade Chicken Taquitos- Served With Fresh Salsa & Sour Cream.

\$43.90 Per Dozen (With Guacamole, Add \$5.00 Per Person)

Homemade Spicy Chicken Wings Or Teriyaki Drummets Served With Barbecue Sauce & Ranch Dressing.

\$39.90 Per Dozen

Stuffed & Baked Mushroom Caps- Sausage & Potato, Vegetable Herb, Alaskan Crab, Or Per Request.

\$43.90 Per Dozen (Crab: Market Price)

Deviled Eggs Served on Spinach Leaves

\$15.95 Per Dozen

Flank Steak Skewers Marinated Flank Steak, thinly sliced and presented on skewers

\$47.90 Per Dozen

Garlic Shrimp Skewers Marinated Shrimp in Lime Coconut Marinade with Garlic Chili

\$47.90 Per Dozen

Santa Barbara Sailing Center
Double Dolphin Catering Menus

Hors D' oeuvre 2

Fresh Caesar Salad-With Homemade Garlic Croutons & Fresh Grated Parmesan Cheese.

\$7.00 Per Person

Tortellini's Romano- Fresh Cheese Stuffed Tortellini Prepared In A Light Alfredo Sauce With Fresh Garlic, Basil & Roma Tomatoes; Or Carbonara- Our Garlic Cream Sauce With Bacon, Onions & Snow Peas.

\$7.00 Per Person

Bruschettas- Fresh Grilled Baguettes With Garlic Butter, Topped With Melted Brie Cheese, Fresh Italian Salsa & Freshly Grated Parmesan Cheese.

\$39.90 Per Dozen

Fresh Shrimp & Chopped Basil Brie Melt- Fresh Grilled Baguettes With Garlic Butter, Topped With Melted Brie Cheese, Fresh Shrimp & Fresh Chopped Basil & Garlic

\$39.90 Per Dozen

Fresh Chilled Asparagus- Served With Dill Deviled Egg Salad & Italian Salami.

Or Served With A Light Caper Vinaigrette Dusted With Crushed Walnuts & Gorgonzola
Market Price

**Santa Barbara Sailing Center
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Hors D' oeuvre 3

Delicious Sliced Egg rolls- Vegetable, Chicken Or Pork. All Served With Spicy Mustard, Sweet-n-Sour Sauce & Soy Sauce.

\$39.90 Per Dozen

Teriyaki Bacon Wrapped Scallops- Fresh Scallops Wrapped In Bacon & Cooked To Perfection.

Market Price

Homemade Meatballs- Choice Of Teriyaki, Marinara, Sweet & Sour Or Barbecue.

\$39.90 Per Dozen

Spinach Gorgonzola With Red Onion Salad- In A Light Homemade Herb Dressing.

\$7.00 Per Person

Fresh Chilled Shrimp Cocktail- Served With Lemon Slices & Homemade Cocktail Sauce.

Market Price

Baked & Chilled Dill Salmon- Served With Gourmet Crackers & Assorted White, Yellow, Bleu & Brie Cheeses.

Market Price

Mini Teriyaki Chicken, Vegetable, Mahi-Mahi, Tri-Tip, Shrimp Or Scallop Skewers -

Your Choice Of Kabob Cooked To Perfection, Accompanied With Teriyaki, Barbecue, Or Sweet-n-Sour Sauce.

\$43.00 Per Dozen (Shrimp Or Scallops: Market Price)

Santa Barbara Sailing Center Double Dolphin Catering Menus

Continental Light Breakfast

\$15.90 Per Person

Assorted Pastries:

Large Homemade Baked Muffins, Scones, Pastries & Bagels

Served With Honey, Butter, Jams, Cream Cheese, Etc.

Choose One:

Fresh Tossed Fruit Salad

Note: For Variety, Yogurt & Granola Are Available For \$5.50 Per Person

Example Pastries:

Example Muffins:

Raisin Custard Cinnamon Roll

Blueberry

Almond Puff

Cherry

Raspberry Danish

Chocolate Chip

Apple Danish

Orange Cranberry

Blueberry Danish

Bran

Apple Turnovers

Banana

Nut

Maple Nut Coffee Twist

Example Scones:

Example Bagels:

Coffee Chocolate Chip

Garlic

Plain

Cranberry

Sesame

Seed

Chocolate

Apple Cinnamon

Blueberry

Salt

Orange Almond

Cinnamon Raisin

Power

Strawberry Jam

Onion

Poppy

Raspberry Jam

Whole Wheat

Sun Dried Tomato

Wheat Lemon

Bialy

Egg

Wheat Blueberry

Everything

Rye

Banana Chocolate Chip

Jalapeno

Cranberry

Example Cream Cheese:

Chive

Lox

Cinnamon Walnut

Veggie

Garlic

Regular

Jalapeno

Strawberry

Lite

Sun

Dried Tomato

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Rise & Shine Continental Breakfast

\$17 Per Person

Assorted Pastries:

Large Homemade Baked Muffins, Scones, Pastries & Bagels

Served With Honey, Butter, Jams & Cream Cheese

Fresh Tossed Fruit Salad

Country Scramble Breakfast

\$20 Per Person

Entrée:

Fluffy Scrambled Eggs (Fresh Cheese Is Available Upon Request)

Choose Two:

Crisp Bacon Strips

Sausage Links

Sliced & Grilled Ham

Seasoned Ground Beef Patty

Calabrese Or Italian Sausage

Menu Includes:

Breakfast Potatoes

All Breakfast Condiments

Gourmet Breakfast Scramble

\$25.00 Per Person

Entrée: (Choose One)

Jack Cheese Scramble With Italian Sausage & Fresh Mushrooms

Feta Cheese Scramble With Sautéed Spinach & Ripe Roma Tomato

Cheddar Scramble With Grilled Hormel Ham

(Additional Scrambled Combinations Are Available Upon Request)

Menu Includes: (Choose One)

Breakfast Potatoes

Grilled Rosemary & Herb Red Potatoes

Fresh Tossed Fruit Salad

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Stuffed Croissant

\$25.00 Per Person

Entrée:

Fresh Baked Croissant Stuffed With: (Choose From The Following)

Cheddar Cheese Scramble With Crisp Bacon & Fresh Green Onion

Jack Cheese Scramble With Italian Sausage & Fresh Mushrooms

Feta Cheese Scramble With Sautéed Spinach & Ripe Roma Tomato

Cheddar Scramble With Grilled Hormel Ham

Additional Scrambled Combinations Are Also Available Upon Request. Any Combination Can Be Topped With A Light Hollandaise Sauce (Or Served On The Side).

Menu Includes: Choose One

Home Fries

Grilled Rosemary & Herb Red Potato With Hormel Bacon

Choose One:

Fresh Tossed Fruit Salad

Included:

All Breakfast Condiments

Santa Barbara Sailing Center Double Dolphin Catering Menus

Cold Sandwich Buffet

\$21.00 Per Person

Assorted Cold Sandwiches:

BBQ Tri-Tip Sandwich Tri-Tip Steak (6oz) Sliced on French Roll
Reuben Sandwich Corn Beef (6oz) Sauerkraut, 1000 Island and Swiss on Grilled NY Corn Rye
Turkey Melt Roasted Turkey, Sprouts, Tomato, Mayo and Cheddar on Sourdough
Vienna Dog Served with Mustard, Relish and Red Onion on Fresh Bun
Grilled Chicken Breast Provolone, Pesto Mayo, Lettuce and Tomato
Hope Ranch Roasted Turkey with Cream Cheese, 1000 island, Red Onions, Lettuce and Tomato
Smoked Ham and Swiss Dijon Mustard, Onions, Lettuce and Tomato
Egg Salad Mayonnaise, Lettuce and Tomato
Roasted Turkey Lemon Pepper, Cucumber, Onions, Pesto Mayo, Lettuce and Tomato
Vegetarian Humus, Cucumber Avocado, Sprouts, Red Onions, Lettuce and Tomato
Tuna Salad Albacore Tuna, Mayo, Lettuce and Tomato
Cajun Chicken Provolone Cheese, Avocado, Red Onion, Mayo, Lettuce and Tomato
BLT Bacon, Lettuce and Tomato
Turkey Bacon Avocado Club Roasted Turkey, Bacon, Avocado, Lettuce and Tomato
California Croissant Grilled Chicken Breast, Bacon, Avocado, Swiss, Mayo, Lettuce and Tomato

Choice Of Two Sides:

Fresh Tossed Fruit Salad
Homemade Potato Salad
Crisp Vegetable Pasta Salad *Marinated In Our Homemade Dressing*
Fresh Tossed Green Salad *With Homemade Dressings & Garlic Croutons*
Crisp Romaine Caesar Salad *With Garlic Croutons & Freshly Grated Parmesan*

Homemade Dressings:

Ranch Dressing	Rich Bleu Cheese Dressing
Classic Caesar Dressing	Smooth Thousand Island Dressing
Sweet Honey Mustard Dressing	Italian & Vinaigrette

*All Sandwiches Are Served On Assorted Fresh Breads.

*Sandwiches Served On Freshly Baked Croissants, Add \$3.00 Per Person.

*Sandwiches Served On San Luis Sourdough Rolls Or Fresh Baguettes, Add \$1.50 Per Person

To Order Call: (805)962-2826 or Email sherry@sbsail.com

Santa Barbara Sailing Center Double Dolphin Catering Menus

Hot Sandwich Buffet

\$23.00 Per Person

Beef:

New York Steak *Caramelized Onions, Mushrooms, Arugula and Chimichurri*

Philly Steak *Thinly Sliced Tri-Tip On A Grilled French Roll With Melted Jack Cheese, Grilled Onions & Mushrooms.*

Patty Melt *½ lb. Of Beef Patties On Grilled Rye Bread With Melted Jack Cheese & Grilled Onions.*

Turkey & Chicken:

Baja Panini *Turkey Breast, Ham, Jack Cheese, Chipotle Mayo, Tomato, Avocado and Onions*

Capri Panini *Chicken Breast, Provolone Cheese, Red Onions, Pesto Aioli, Basil and Tomato*

Chicken Parmesan Sandwich *5 Oz. Breaded & Fried Chicken Breast On A Grilled French Roll Smothered In Red Tomato Sauce, Topped With Melted Jack & Mozzarella Cheese.*

Vegetable & Fish:

Eggplant Parmesan *Breaded & Fried Eggplant On A Grilled French Roll Smothered In Tomato Red Sauce & Topped With Melted Jack & Mozzarella Cheese.*

Salmon Panini *Pesto Aioli, Basil, Arugula, Tomato and Onions*

Santa Barbara Sailing Center Double Dolphin Catering Menus

Box Lunch

\$26.00 Per Person

Choice Of Cold Sandwiches

Smoked Turkey With Monterey Jack
Sliced Roast Beef With New York Cheddar
Classic Ham & Cheddar
Curry Chicken Salad Sandwich
Vegetable Sandwich With Avocado & Sprouts
Bacon, Lettuce & Tomato
Bacon, Lettuce & Tomato With Avocado

Traditional Club Served On Sourdough
Seasoned & Barbecued Tri-Tip
Turkey & Bacon
Tuna Salad
Cold Tri-Tip With Salsa & Jack Cheese Torta
Cajun Chicken Bacon, Tomato & Cheese
Herb Lemon Chicken Avocado, Tomato & Garlic Mayonnaise

All Sandwiches Are Served On Assorted Fresh Breads.
Sandwiches Served On Freshly Baked Croissants, Add \$3.00 Per Person.
Sandwiches Served On Sourdough Rolls Or Fresh Baguettes, Add \$1.50 Per Person

Choose One:

Fresh Caesar Salad With Homemade Garlic Croutons
Fresh Tossed Green Salad
Fresh Fruit Salad (In season)
Homemade Potato Salad
Veggie Pasta Salad
Package Of Potato Chips

Desserts: Choose One

Cookie
Brownie
Piece Of Fruit

Labeled Boxes, Add \$2.00 Per Box.

Santa Barbara Sailing Center Double Dolphin Catering Menus

Deli Tray

\$23.00 Per Person

Fresh Meats:

Tri-Tip Seasoned, Barbecued & Thinly Sliced

Roasted Turkey Thinly Sliced Rolled

Black Forest Ham Thinly Sliced & Rolled

Homemade Albacore Tuna Salad

Homemade Curry Chicken Salad

Fresh Cheeses:

Provolone Cheese

Cheddar Cheese

Swiss Cheese

Mozzarella

Also Includes:

Fresh Assorted Breads Croissants, Add \$3.00 Each

Fresh Pickles, Tomatoes, Onions & Pepperoncini Platter

Avacado and Greenleaf Lettuce

Mayonnaise & Mustard On The Side

(Pesto Mayonnaise Available Upon Request)

Salads: Choose Two

Crisp Romaine Caesar With Croutons & Freshly Grated Parmesan

Seasonal Fruit Salad With Fresh Berries

Chopped Vegetable Salad With Homemade Dressings

Fresh Vegetable Pasta Salad

Pasta Salad With Grilled Cajun Chicken

Coleslaw

Potato Salad

Chinese Salad

****Substitutue for Spinanch or Spring Mix.***

Santa Barbara Sailing Center Double Dolphin Catering Menus

Deli Tray 2

\$23.00 Per Person

Fresh Meats: Choose 4 or 5

Tri-Tip Seasoned, Barbecued & Thinly Sliced

Smoked Turkey Thinly Sliced & Rolled

Smoked Ham Thinly Sliced & Rolled

Homemade Tuna Salad (White Albacore)

Homemade Curry Chicken Salad

Fresh Cheeses:

Provolone Cheese Sliced

Cheddar Cheese Sliced

Swiss Cheese Sliced

Also Included:

Fresh Assorted Breads Croissants, Add \$3.00 Each

Fresh Pickles, Tomatoes, Onions and Green Leaf Platter

Mayonnaise, Mustard & 1000 Island On The Side

(Pesto Mayonnaise Available Upon Request)

Choice Of Two:

Fresh Romaine Caesar Salad With Garlic Croutons & Parmesan Cheese

Seasonal Fruit Salad With Fresh Berries

Garden Salad With Homemade Dressings

Fresh Vegetable Pasta Salad

Homemade Potato Salad

Santa Barbara Sailing Center Double Dolphin Catering Menus

Little Italy #1

\$26.00 Per Person

Choice Of Two Entrées:

Chicken Picatta Lightly Battered Chicken Breast Sautéed In Lemon Caper Sauce

Lemon Herb Chicken Breast with Bernaise Sauce

Chicken Parmesan Breaded & Fried Chicken Breast Topped With Tomato Meat Sauce, Mozzarella & Parmesan Cheese

Crusted Romano Chicken Breast Tender Breast Of Chicken Coated With A Variety Of Italian Cheeses Cooked Golden Brown With Olive Oil & Garlic.

Chicken Florentine

Eggplant Parmesan Breaded & Fried Eggplant Topped With Authentic Marinara Sauce, Mozzarella & Parmesan Cheese.

Choice Of Pasta Choose One:

Penne Bruschetta Light Olive Oil With Sweet Basil, Fresh Garlic & Roma Tomatoes

Penne with Mushroom, Spinach and Alfredo Sauce.

Fusilli Pesto

Fusilli Roasted Red & Yellow Peppers, Sweet Basil & Fresh Garlic

Penne Romano Creamy Garlic Sauce With Fresh Basil & Roma Tomatoes

Penne Marinara Or Tomato Meat Sauce Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

****Tortellini Pesto-Cheese Stuffed Tortellini In Our Delicious Creamy Pesto Sauce***

Choice Of One Salad:

Fresh Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan Cheese

Tossed Fresh Seasonal Fruit & Berry Salad

Chopped Vegetable Salad With Homemade Dressings

Choice Of Bread:

Fresh Baguettes & Butter

Grilled Garlic Bread

Dinner Rolls

****Tortellini Is An Additional \$3.00 Per Person.***

Santa Barbara Sailing Center Double Dolphin Catering Menus

Little Italy #2

\$21.90 Per Person

Authentic Lasagna:

Homemade Lasagna *Homemade Marinara, Or Chunky Tomato Meat Sauce, Layered With Herb Seasoned Ricotta & Mozzarella Cheese, Italian Sausage, Seasoned Beef Or Grilled Vegetables.*

Salad: Choose One

Fresh Chopped Vegetable Salad *With Croutons & Crisp Garden Vegetables*

Tossed Caesar Salad *With Fresh Grated Parmesan Cheese & Homemade Garlic Croutons*

Spinach Salad *With Gorgonzola Cheese, Fresh Pears & Chopped Walnuts.*

Freshly Baked Breads

Baguettes

Hot Grilled Garlic Bread

Condiments

Fresh Grated Italian Parmesan Cheese

Homemade Dressings

Santa Barbara Sailing Center Double Dolphin Catering Menus

Deluxe Pasta Menu

\$29.50 Per Person

Pick Any Three Pastas:

Linguini Pasta Primavera Vegetarian Broccoli, Cauliflower, Onions, Mushrooms, Peas, Garlic, Carrots, Alfredo Sauce & Parmesan.

Linguini Cajun Chicken Pasta Sautéed Pieces Of Spicy Cajun Chicken In Olive Oil w/Mushrooms, Onions, Snow Peas, Fresh Garlic Topped w/Fresh Grated Parmesan Cheese.

Lasagna Layered Lasagna Pasta, Tomato Red Sauce, Sausage, Onions, Mushrooms, Eggplant, Ricotta, Mozzarella & Parmesan Cheese.

Chicken Fettuccine Tender Pieces Of Chicken Sautéed w/Mixed Vegetables & Tossed With Creamy Alfredo Sauce.

Tortellini Brochette Tortellini w/Sun-Dried Tomatoes, Eggplant & Mushrooms In A Light Cream Sauce.

Vegetables (Pick One):

Baby Carrots Glazed & Buttered

Steamed Green Beans With Buttered Carrots

Pick Two Salads:

Fresh Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan Cheese

Seasonal Fruit & Berry Salad Tossed Fresh

Garden Salad With Homemade Dressings

Breads

Homemade Garlic Bread

Fresh Baguettes & Butter

Focaccia Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Italian Vegetarian Dinner

\$29.50 Per Person

Entrées: Choose Two

Eggplant Rolletini Breaded & Fried Eggplant layered With Ricotta Cheese & Topped With Tomato Red Sauce, Mozzarella & Parmesan Cheese With Choice Of Side Pasta.

Eggplant Parmesan Breaded & Fried Eggplant Topped With Authentic Marinara Sauce, Mozzarella & Parmesan Cheese.

Homemade Vegetable Lasagna With Authentic Marinara & Seasonings.

Pastas: Choose Two

Linguini Pasta Primavera Crisp Veggies: Broccoli, Cauliflower, Onions, Mushrooms, Peas, Garlic & Carrots With Alfredo Sauce & Parmesan Cheese.

Penne Romano Light Cream Sauce With Fresh Basil, Garlic & Roma Tomatoes

Fusilli Roasted Red & Yellow Peppers, Sweet Basil & Fresh Garlic

Rigatoni Bruschetta Light Olive Oil With Fresh Sweet Basil, Garlic & Roma Tomatoes

Penne Marinara Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

Tortellini Pesto Cheese Stuffed Tortellini In Our Delicious Creamy Pesto Sauce

Choice Of Salad:

Fresh Chopped Vegetable Salad With Garlic Croutons & Homemade Dressings

Crisp Romaine Caesar Salad With Garlic Croutons & Freshly Grated Parmesan

Spinach Gorgonzola Salad With Fresh Pears & Smoked Walnuts.

Breads:

Fresh Baguettes & Butter

Fresh Garlic Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Italian Substitutions 1

***Prices May Vary**

Entrée Substitutions:

Chicken Picatta Lightly Battered Chicken Breast Sautéed In Lemon Caper Sauce

Chicken Provincial Lightly Battered Chicken Breast Sautéed In Lemon Garlic Sauce

Chicken Parmesan Breaded & Fried Chicken Breast Topped With Tomato Meat Sauce, Mozzarella & Freshly Grated Parmesan Cheese

Crusted Romano Chicken Breast-Tender Breast Of Chicken Coated With A Variety Of Italian Cheeses, Grilled Golden Brown With Olive Oil & Garlic.

Eggplant Parmesan Breaded & Fried Eggplant Topped With Authentic Marinara Sauce, Mozzarella & Parmesan Cheese.

Homemade Lasagna Authentic Marinara, Or Chunky Tomato Meat Sauce, Layered With Herb Seasoned Ricotta & Mozzarella Cheese, Italian Sausage, Seasoned Beef, Or Grilled Vegetables

****Shrimp Provincial*** Jumbo Butter Flied Shrimp Lightly Battered & Sautéed In Lemon Garlic Sauce.

****Shrimp Picatta*** Jumbo Butter Flied Shrimp Lightly Battered & Sautéed In Lemon Caper Sauce.

****Shrimp Parmesan*** Breaded & Fried Jumbo Shrimp Topped With Tomato Red Sauce, Mozzarella & Parmesan Cheese.

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Barbecued Chicken

\$23.00 Per Person

Entrée:

Barbecued Chicken

Starches & Vegetables: Choose One or Two

Roasted Rosemary & Herb Red Potatoes

Black Beans With Red Peppers & Jack Cheese

Homemade Potato Salad

Rice Pilaf

Mixed Medley Of Vegetables Seasoned With Butter & Salt

Baby Carrots With Butter & Salt

Salad:

Chopped Vegetable Salad With Garlic Croutons & Homemade Dressings

Bread: Choose One

Fresh Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Includes: Choose Two

Red Salsa

Pico de Gallo

BBQ Sauce

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Barbecued Dogs & Burgers

\$21.00 Per Person

Entrées Include:

Barbecued Hamburgers

Barbecued Hot Dogs & Sausages

Menu Also Includes One Side:

Ranch Style Beans With Red & Yellow Peppers

Homemade Garlic Mashed Potatoes With Creamy Mushroom Gravy

Homemade Rice Pilaf Or Spanish Rice

Roasted Three Pepper Pasta Salad In A Light Vinaigrette

Choose One Salad:

Crisp Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan

Chopped Vegetable Salad With Homemade Dressings & Garlic Croutons

Homemade Potato Salad With Dill & Snow Peas

Vegetable Pasta Salad

Includes:

Fresh Hamburger & Hot Dog Buns & Garlic Rolls

Condiment Bar:

***Lettuce, Onions, Tomatoes, Pickles, Mustard, Katsup, Mayonnaise, 1000 Island Dressing
(Pesto Mayonnaise Available Upon Request)***

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Barbecued Tri-Tip & Chicken 1

\$25.00 Per Person

Entrées Include:

Barbecued Tri-Tip

Barbecued Chicken

Starches & Vegetables: Choose One

Ranch Style Beans With Red & Yellow Peppers

Homemade Garlic Mashed Potatoes With Creamy Gravy

Mixed Medley Of Vegetables With Summer Squash

Authentic Rice Pilaf

Penne Bruschetta Light Olive Oil With Fresh Sweet Basil, Garlic & Roma Tomatoes

Pasta Marinara Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

Choose One Salad:

Fresh Romaine Caesar Salad With Cheese & Garlic Croutons

Chopped Vegetable Green Salad With Garlic Croutons & Homemade Dressings

Choose One:

Fresh Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Includes: Choose Two

Red Salsa

Pico de Gallo

BBQ Sauce

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Barbecued Tri-Tip & Chicken 2

\$31.50 Per Person

Entrées:

Barbecued Tri-Tip

Barbecued Chicken

Starches & Vegetables: Choose Two Total

Ranch Style Potato With Grilled Onions, Bacon & Jack Cheese

Mixed Medley Of Vegetables With Summer Squash

Authentic Rice Pilaf

Ranch Style Beans With Roasted Red & Yellow Peppers

Spanish Rice

Rosemary & Herb Red Potatoes

Salads: Choose One

Crisp Romaine Caesar Salad With Homemade Garlic Croutons & Freshly Grated Parmesan Cheese

Mixed Vegetable Salad With Homemade Dressing

Spinach, Pear, Walnut & Gorgonzola Salad

Breads:

Fresh Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Includes: Choose Two

Pico de Gallo

Red Salsa

BBQ Sauce

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Barbecued Tri-Tip, Chicken, Fish & Veggie

\$38.00 Per Person

Entrées: Choose Three

Barbecued Tri-Tip

Mahi-Mahi Cajun Or Lemon Herb

Chicken Picatta Battered & Sautéed In Lemon Caper Sauce

Crusted Romano Chicken Coated With A Variety Of Italian Cheeses, Grilled Golden Brown With Olive Oil & Garlic

Eggplant Parmesan Breaded & Fried Eggplant Topped With Authentic Marinara Sauce & Parmesan Cheese

Sides: Choose Two

Marinated & Roasted Three Pepper Pasta Salad With Red, Yellow & Green Peppers

Ranch Style Beans With Roasted Red, Yellow & Green Peppers

Penne Bruschetta Light Olive Oil With Fresh Sweet Basil, Garlic & Roma Tomatoes

Pasta Marinara Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

Mixed Medley Of Fresh Vegetables Seasoned With Butter & Salt

Grilled Rosemary & Herb Red Potatoes

Garlic Mashed Potatoes & Country Gravy

Salad: Choose One

Crisp Romaine Caesar With Freshly Grated Parmesan Cheese & Garlic Croutons

Chopped Vegetable Salad With Garlic Croutons & Homemade Dressings

Breads:

Fresh Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Includes:

Homemade Corn Tortilla Chips

Red Salsa

Pico de Gallo

**Santa Barbara Sailing Center
Double Dolphin Catering Menus**

Barbecued Tri-Tip, Chicken, Fish and Ribs

\$38.00 Per Person

Entrées: Choose Three

Barbecued Tri-Tip

Barbecued Chicken

Grilled Teriyaki Chicken Or Mahi-Mahi Kabobs

Beef Or Baby Back Ribs

Chicken Picatta Sautéed In A Lemon Caper Sauce

Chicken Romano Coated With Italian Cheeses, Grilled Golden Brown With Olive Oil & Garlic

Seasoned Or Marinated Mahi-Mahi

Sides: Choose Two

Homemade Rice Pilaf

Ranch Style Beans With Red & Yellow Peppers

Rosemary & Herb Red Potatoes

Red Garlic Mashed Potatoes With Country Gravy

Roasted Three Pepper Pasta Salad In A Light Vinaigrette

Salads: Choose One

Fresh Fruit & Berry Salad

Fresh Romaine Caesar With Homemade Garlic Croutons & Parmesan Cheese

Garden Salad With Homemade Dressings

Breads:

Hot Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Focaccia Bread

Includes:

Homemade White Corn Tortilla Chips

Red Salsa

Pico de Gallo

Tomatillo

Santa Barbara Sailing Center Double Dolphin Catering Menus

Tex-Mex Barbecue

\$39.50 Per Person

Entrée: Choose Three

Barbecued Tri-Tip

Barbecued Chicken

Beef Or Baby Back Ribs

Grilled Teriyaki Chicken Or Mahi-Mahi Kabobs

Authentic Marinated & Shredded Carnitas

Grilled Fajitas Tender Chicken Or Savory Beef

*Authentic Enchiladas Chicken, Cajun Chicken, Beef, Shrimp Bruschetta,
Cheese Or Vegetarian*

Homemade Chile Verde

Starches & Vegetables: Choose Two

Rosemary & Herb Red Potatoes

Garlic Mashed Potatoes With Country Gravy

Ranch Style Black Beans With Red & Yellow Peppers

Roasted Three Pepper Pasta Salad In A Light Vinaigrette

Homemade Rice Pilaf Or Spanish Rice

Salads: Choose One

Chilled Broccoli, Roasted Almond & Sun-Dried Tomato Salad

Fresh Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan Cheese

Chopped Vegetable Salad With Garlic Croutons & Homemade Dressings

Includes:

Flour & Corn Tortillas, Homemade Tortilla Chips, Fresh Grilled Garlic Bread

Chilled Salsa Bar:

Pico De Gallo, Tomatillo

Condiment Bar As Follows:

Roasted & Salted Green Onions, Diced Chilies, Fresh Grated Cheeses

Diced Red Onions, Diced Cilantro, Roasted & Salted Jalapenos

Diced Roma Tomatoes, Chilled Sour Cream

**Guacamole Add \$5.00 Per Person*

Santa Barbara Sailing Center Double Dolphin Catering Menus

Combo Menu 1

Dinner @ \$25.50 Per Person

Entrée: Choose Two

Italian Chickens:

Chicken Picatta, Chicken Parmesan, Romano Chicken

Chicken Breast Other:

Lemon Herb

Vegetarian:

Teriyaki, Marinated, Or Seasoned, Veggie Kabobs add \$1

Homemade Vegetarian Quiche

Authentic Eggplant Parmesan

Starches & Veggies: Choose Two

Hot Pastas: *Rigatoni Marinara, Penne Romano, Fettuccini Alfredo, e.g.*

Red Garlic Mashed Potatoes *With Mushroom Gravy*

Grilled Ranch Style Potatoes *With Grilled Onions & Hormel Bacon*

Ranch Style Beans *With Red, Yellow & Green Peppers*

Homemade Rice Pilaf

Black Beans *With Roasted Jalapenos*

Salads: Choose one

Homemade Potato Salad

Fresh Cold Pasta Salads

Crisp Romaine Caesar Salad *With Homemade Garlic Croutons & Parmesan*

Chopped Vegetable Salad *With Homemade Dressings*

Fresh Fruit Salad

Breads: Choose one

Fresh Baked Baguettes *With Butter*

Homemade Garlic Bread

Focaccia Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Combo Menu 2

\$29.50 Per Person

Entrée

Herb Encrusted Sausage Stuffed Chicken Breast Topped With Béarnaise Sauce

Eggplant Parmesan: Breaded Eggplant Topped With Homemade Marinara Sauce, Mozzarella & Parmesan Cheese

Starches & Vegetables

Penne Romano Penne Pasta In A Light Cream Sauce With Roma Tomatoes, Sweet Basil, Eggplant, Fresh Garlic & Parmesan Cheese

Grilled Rosemary & Herbed Red Potatoes

Grilled /Roasted Summer Squash

Salad

Fresh Caesar Salad With Homemade Garlic Croutons & Parmesan Cheese

Breads

Fresh Baguette & Butter

Fresh Garlic Bread

Focaccia Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Dinner Menu 1

\$36.00 Per Person

Entrée:

***Herb, Olive Oil & Mint Marinated Stuffed Pork Chops
Grilled Lemon Herb Chicken Breast***

Starches & Vegetables:

***Red Garlic Mashed Potatoes With Creamy Mushroom Gravy
Homemade Rice Pilaf
Steamed Broccoli With Béarnaise Sauce***

Salads:

Fresh Garden Veggie Salad With Homemade Dressings & Homemade Croutons

Breads:

***Fresh Baguettes & Butter
Fresh Hot Garlic Bread
Focaccia Bread***

Santa Barbara Sailing Center Double Dolphin Catering Menus

Dinner Menu 2

\$47.90 Per Person

Entrées: Choose Three

Beef & Pork:

*Herb & Garlic Slow Roasted Pot Roast (Tri-Tip Or Brisket) - Marinated & Seasoned
Stuffed Tri-Tip - Homemade Marinated & Seasoned Carnitas (Pork) Seasoned, Stuffed &
Roasted Pork Chops*

Italian Chicken:

Chicken Picatta - Chicken Provincial - Chicken Parmesan - Crusted Romano Chicken

Chicken Breast: Other

Lemon Herb Chicken - Herb Encrusted Chicken – Teriyaki Chicken – Chicken Kabobs

Fish:

Grilled Cajun, Or Seasoned Mahi-Mahi, Or Halibut, Or Salmon

Starches & Vegetables: Choose Three

Hot Baked Potato With All the Fixings

Homemade Country Stuffing

Rosemary & Herb Red Potato

Red Mashed Potatoes With Gravy

Steamed Broccoli With Béarnaise Sauce

Roasted and Grilled Vegetables & Summer Squash

Steamed Green Beans & Buttered Carrots

Glazed Buttered Baby Carrots

Salads: Choose One

Broccoli, Roasted Almond & Sun-Dried Tomato Salad

Roasted Three Bell Pepper Pasta Salad

Crisp Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan

Garden Salad With Garlic Croutons & Homemade Dressings

Fresh Fruit Salad

Breads:

Fresh Baked Baguettes With Butter

Homemade Garlic Bread

Focaccia Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Dinner Menu 3

\$47.90 Per Person

Entrées:

***Fresh Pan Fried Canadian Salmon, Marinated White Sea Bass Or Halibut
Slow Oak Barbecued Pork Loin Carved To Order***

Starches:

Rosemary & Herb Red Russet Potatoes

***Penne Pasta With A Light Tomato Cream Sauce, Sweet Basil, Fresh Garlic, Roma Tomatoes,
Grilled Eggplant & Artichoke Hearts***

Salads & Vegetables:

Chilled Broccoli Roasted Almond & Sun-Dried Tomato Salad

Homemade Caesar Salad With Homemade Garlic Croutons & Fresh Parmesan Cheese

Breads:

Fresh Baguettes & Butter

Homemade Garlic Bread

Focaccia Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Dinner Menu 4

\$47.90 Per Person

Entrées:

Stuffed Cornish Game Hen With Wild Mushrooms & Country Dressing

Roasted Halibut Or Pan Fried Mahi-Mahi: (Garlic Basil)

Starches & Vegetables: Choose Two

Wild Rice Pilaf

Penne Pasta In Olive Oil, Garlic, Grilled Eggplant, Sun-Dried Tomatoes & Parmesan Cheese

Chilled Asparagus In A Light Herb Sauce, Dusted With Crushed Walnuts, Capers & Gorgonzola Cheese

Salads: Choose One

Pear, Walnut, Endive & Gorgonzola Salad

Avocado & Jicama Salad On A Bed Of Crisp Greens

Crisp Caesar Salad With Garlic Croutons & Freshly Grated Parmesan Cheese

Breads:

French Baguettes

Homemade Garlic Bread

Focaccia Bread

Santa Barbara Sailing Center Double Dolphin Catering Menus

Surf Side Grill

\$38.00 Per Person

Entrées:

Marinated & Barbecued Classic Tri-Tip

Mahi-Mahi Kabobs Grilled With Yellow Peppers, Red Onions & Pineapple

Slow Roasted Marinated Pork

Starches & Vegetables:

Ranchero Style Black Beans

Roasted Three Pepper & Caper Pasta Salad Tossed With Our Zesty Herb Dressing

Tropical Rice Pilaf Prepared With Fresh Mango & Roasted Pine Nuts

Salad:

Fresh Mandarin & Almond Salad Tossed With Crispy Chow Mein Noodles

Homemade Sweet Honey Mustard Dressing

Includes:

Hot Flour & Corn Tortillas

Handmade Red Corn Tortilla Chips

Bread:

Fresh Grilled Garlic Bread

Chilled Salsa:

Fresh Pico De Gallo

Condiment Bar:

Diced Roma Tomato - Roasted & Salted Jalapenos - Chilled Sour Cream

Diced Red Onions - Roasted & Salted Green Onions - Diced Cilantro

Fresh Grated Cheeses

Santa Barbara Sailing Center Double Dolphin Catering Menus

Holiday Dinner 1

\$47.90 Per Person

Entrée: Choose two

Herb Encrusted Home Baked & Stuffed Turkey With Homemade Turkey Gravy

Herb Encrusted & Slow Cooked Prime Rib: Carved To Order

Honey Glazed Pineapple Ham

Side Dishes: Choose two

Homemade Country Stuffing

Garlic Mashed Potatoes With Homemade Gravy

Sweet Potatoes With Butter & Brown Sugar

Vegetables:

Chilled Asparagus In A Light Vinaigrette Dusted With Crushed Walnuts, Gorgonzola Cheese & Capers

Salad:

Crisp Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan

Bread:

Homemade Corn Bread & French Baguettes With Chilled Butter

Condiments: Cranberry Sauce, Homemade Turkey Gravy, Relish Tray & Homemade Sour Cream Horseradish Sauce